

# T-SHIRT DIAPERS

## **SUGGESTIONS:**

- T-Shirt should be 50% - 100% cotton. Men's large size or women's size extra-large works best.
- T-shirt should be new or clean gently used.
- Colored shirts can be used but refrain from using black t-shirts. Screen printing does not absorb - turn t-shirt inside out if there is a large design or screen print!
- Feel free to use all your odd color thread for this project.

## **INSTRUCTIONS:**

#1 - Lay t-shirt flat. Cut straight across chest (underarm area) to cut off sleeves and hem.



#2 - Take left side, where indicated, and fold over, less 3". The bulk of the material should be in the center so that maximum absorbing can occur when worn by the baby!



#3 - Smooth out fabric and straight stitch the inside to keep thickness of material in place and zigzag or serge the top and bottom.

(Large safety pins are optional to include)



Thank you for sewing  
diapers for needy babies all  
around the world!

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